



The Grief Training Center of Wisconsin

2021 Group Program Summary



The Grief Training Center of Wisconsin

www.grieftrainingnow.com

ABOUT US

The Grief Training Center of Wisconsin was created to teach people how to better support another person during one of the hardest times in their life: mourning the loss of a loved one.

We believe it's best support others by being truly present in a way that is healing, nourishing and empowering, and recognizing how grief impacts one's mind, body, heart, and soul.

We strive to help professionals and volunteers improve their balance, confidence, and optimism while supporting others through their grief journey.

MISSION

Our mission is to strengthen and expand a community of companions to the bereaved, and bond people together through compassion and service.

"The most valuable part of the training was the change in me."

Debbie - Social Worker



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OUR FACILITATORS

The Centers' program facilitators operate with aptitude and compassion, educating our community about the natural and necessary role grief plays in our lives, our relationships, and our work.

Our team offers decades of experience, practicing and teaching how to live through grief in a way that is unique, healthy, and purposeful.

"Excellent facilitators guided by compassion and kindness. They delivered far beyond what I had in mind."

Lynda - Hospice Care Nurse

Melissa Minkley
MSW, CT



Kathy Ginn

Ann Marie Uselmann
MSW, LSCW



Daryl Powers

Tesha Urban
MAPC



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GROUP PROGRAMS

Group programs are delivered on-site at your location, or online through video conferencing. We also offer a dual-delivery model, combining traditional live presentations for on-site attendees with live stream delivery for your virtual attendees.

We offer a wide portfolio of courses and programs and we're willing to tailor them to address the specific needs or interests of your group.

PROGRAM DURATION

We offer half-day, full-day and multi-day programs to accommodate group events, team training, and retreats.

***CE hours** are available to help satisfy professional license requirements.*

We also deliver powerful, keynote speeches and abbreviated presentations to enhance your team training, conference events, or retreats.

We'll gladly work with you to arrange dates and times to fit your needs.

"This was a great conference. Daryl and Melissa were right on target. I got some very practical ideas for helping families experiencing grief and what that actually means. Thanks!"

2020 Annual Conference Attendee - The Southeastern Wisconsin Grief Network

2021 Group Program Listing

PLEASE SEE OUR LIST OF GROUP PROGRAM OFFERINGS

The Five Guideposts to Healing Life's Losses

This well-rounded program is excellent for those looking for a way to organize the chaos of grief and navigate towards deep, meaningful healing. Learn to guide yourself or the bereaved through grief while growing with hope and optimism.

Compassion Fatigue and Burnout

This program delivers vital insight and guidance to help those whose needs are too often overlooked or neglected. Learn to identify the signs of compassion fatigue and burnout, and the necessary practices to reverse the patterns and gain greater balance and satisfaction in your vocation or career.

Restore Your Suffering Body

Know the role our bodies play when grieving and discover natural methods to protect and heal ourselves. Learn to identify symptoms in others to provide them with healthy guidance and relief while they mourn loss.

The Self-care Renewal Project

A meaningful, personal experience uncovering the keys to improving one's own self-care. Explore the values and beliefs rooted in your own self-care habits and learn to adopt healthy, balanced, and sustainable self-care into your lifestyle.

Honoring Grief - Intending to Heal*

Our pinnacle program. A five-session series for those who wish to companion the bereaved or are already doing so in various capacities. This in-depth training is exceptionally powerful because it is experiential, guiding one to transform into a companion for the bereaved.

The Roadblocks to Healing

Identify common roadblocks to healing after loss, the threats they pose, and ways to overcome them. Share probing mind and body techniques to identify self-defeating behaviors, gain mutual awareness with another person, and move through them.

2021 Group Program Listing

(Continued)

Managing Grief in the Workplace

This program trains business leaders, management, or staff to effectively support the bereaved in their organizations while maintaining accountability for work performance.

Grief and the Healing Power of Rituals

Understand the importance of ceremonies and rituals and learn how their transformational power can assist the bereaved to mourn their loss and grow toward healing.

Grieving Life as We've Known It

This session provides an overview of the grief process as it relates to a medical diagnosis and provides effective ways to honor grief while working to restore one's sense of wholeness.

Grieving Through the Seasons

A valued time of healing for the bereaved, integrating patterns of the grieving experience with the rhythms and changes of the seasons. Powerful, genuine, and applicable, this session welcomes all who experience grief or wish to learn more about it.

Resting in the Dark, Emerging in the Light

Bereaved attendees experience the value of using their darkness of grief to discover their brilliance. This session offers reflection, discussion, journaling, silence, and solitude, and fellowship.

** Indicate sessions are in-person only.*



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CONTACT US

Please contact us to book our services for your next group training, team presentation, conference event, or retreat.

Call Daryl Powers or Melissa Minkley at **262-975-2233**

or

send us and email at **info@grieftrainingnow.com**

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